



**Airs Week Of:**  
**JANUARY 11TH, 2021**

**CLOSED CAPTIONED**  
**TV-PG**

**EPISODE #208**

	<u>SEGMENT</u>	<u>RUN</u>
<b>OPENING / SEGMENT ONE</b>	08:15	00:00
<b>COMMERCIAL BREAK ONE</b>	02:30	08:15
:60 GIZ1BO0934H MYPILLOW SHEETS / 800.651.0934		
:60 MP129T2759H MYPILLOW SHEETS / 800.657.2759		
:30 <i>Black For Local</i>		
<b>SEGMENT TWO</b>	05:45	10:45
<b>COMMERCIAL BREAK TWO</b>	02:30	16:30
:60 TOP1V11629H MYPILLOW TOP / 800.936.1629		
1:30 <i>Black For Local</i>		
<b>SEGMENT THREE</b>	04:14	19:00
<b>COMMERCIAL BREAK THREE</b>	02:00	23:14
:30 BPILL304152H LITTLE BLUE PILL		
1:30 <i>Black For Local</i>		
<b>SEGMENT FOUR (CLOSING CREDITS)</b>	04:16	25:14
<b>TOTAL RUNNING TIME:</b>		29:30

Please contact MONICA (monica@pmi.tv) or JOHN (jmorrow@pmi.tv) at PMI #412.281.5900 with any questions regarding this program.

This info can also be downloaded by using this direct link:

<https://pmi.tv/show/nashville-insider/>