



**Airs Week Of:**  
**NOVEMBER 29TH, 2021**

**CLOSED CAPTIONED**  
**TV-PG**

**EPISODE #254**

	<u>SEGMENT</u>	<u>RUN</u>
<b>OPENING / SEGMENT ONE</b>	11:05	00:00
<b>COMMERCIAL BREAK ONE</b>	02:30	11:05
2:00 NAC129767H NANO HEARING AID / 800.780.9767		
:30 <i>Black For Local</i>		
<b>SEGMENT TWO</b>	04:06	13:35
<b>COMMERCIAL BREAK TWO</b>	02:30	17:41
:60 MIX1199739H MYPILLOW / 800.544.9739		
1:30 <i>Black For Local</i>		
<b>SEGMENT THREE</b>	04:00	20:11
<b>COMMERCIAL BREAK THREE</b>	02:00	24:11
:30 VJPH309135H PARAQUAT CASE LEGAL / 800.817.9135		
1:30 <i>Black For Local</i>		
<b>SEGMENT FOUR (CLOSING CREDITS)</b>	03:19	26:11
	<b>TOTAL RUNNING TIME:</b>	<b>29:30</b>

Please contact MONICA (monica@pmi.tv) or JOHN (jmorrow@pmi.tv) at PMI #412.281.5900 with any questions regarding this program.

This info can also be downloaded by using this direct link:

<https://pmi.tv/show/nashville-insider/>