



Airs Week Of:
JANUARY 10th, 2022

CLOSED CAPTIONED
TV-PG

EPISODE #260

| | <u>SEGMENT</u> | <u>RUN</u> |
|---|----------------|------------|
| OPENING / SEGMENT ONE | 07:13 | 00:00 |
| COMMERCIAL BREAK ONE | 02:30 | 07:13 |
| :60 RSIC0602853H SILAC FREEBOOK / 800.441.2853 | | |
| :60 MP1191182H MYPILLOW / 800.281.1182 | | |
| :30 <i>Black For Local</i> | | |
| | | |
| SEGMENT TWO | 07:35 | 09:43 |
| COMMERCIAL BREAK TWO | 02:30 | 17:18 |
| :60 MIX1T395983H MYPILLOW / 800.736.5983 | | |
| 1:30 <i>Black For Local</i> | | |
| | | |
| SEGMENT THREE | 03:06 | 19:48 |
| COMMERCIAL BREAK THREE | 02:00 | 22:54 |
| :30 CSBN30292H CARSHIELD / 800.454.3915 | | |
| 1:30 <i>Black For Local</i> | | |
| | | |
| SEGMENT FOUR (CLOSING CREDITS) | 04:36 | 24:54 |
| | | |
| TOTAL RUNNING TIME: | | 29:30 |

Please contact MONICA (monica@pmi.tv) or JOHN (jmorrow@pmi.tv) at PMI #412.281.5900 with any questions regarding this program.

This info can also be downloaded by using this direct link:

<https://pmi.tv/show/nashville-insider/>