

ANGER **MANAGEMENT**

SYNDICATION FORMAT

Weekend - A Format

SEGMENT	N/L SPLIT	DURATION
ACT 1/ Main Title		
Commercial Break #1	National	01:01
ACT 2		
Commercial Break #2-A	National	01:01
Mid-Break Bumper		00:03
Commercial Break #2-B	Local	02:31
ACT 3		
Episodic Promo		00:16
Commercial Break #3	Local	03:01
Act 4 / End Credits		
Production & Distribution Logos		00:15

Total National Commercial Time	2:00
Total Local Commercial Time	5:30
Program Content Time	20:21
Commercial pad, bumper, promo & logos	00:39
TOTAL RUNNING TIME	28:30