



## Episode Synopses for September 2021

Feed Date	Episode #	Synopsis
09.09.21	BL-123	<b>Chile: Atacama Extreme 100 Mile Run</b> Team Boundless heads to the driest desert on Earth for the massive 100-mile foot race that could prove to be the mental and physical breaking point of the race season. Stakes are high, and the roads seem to be never-ending, but in the desert heat, it'll take sheer determination and relentless pace to reach the finish line.
09.16.21	BL-124	<b>Utah: Adventure Xstream Race</b> The Adventure Xstream Moab race is a riveting one-day, 60+ mile adventure race set in one of the adventure capitals of North America – Moab, Utah. On their first time together as a four-person team, Simon, Turbo, Rory and Hunter battle crippling 6-mile canyon climbs, terrifying rope descents and mounting navigation bobbles, which push the team physically and emotionally against one another in their quest to make the podium.
09.23.21	BL-125	<b>France: 140 km Mountain Bike Race</b> Typically deemed the hardest mountain bike race in the world, the MB Race Culture Velo – set amidst the stunning French Alps – features 70km, 100km and grueling 140km course options, and over 7,000 meters of single-track climbs, and harrowing descents. Rory tries to overcome her mountain biking inexperience and retain her racing legacy in these parts, Simon's bike goes missing en route and he is forced to accept a drastic compromise, Turbo's daughters show up to cheer him on further than ever before, and Hunter's cramping threatens to take him out of the race entirely.
09.30.21	BL-126	<b>Scotland: Scottish Highlands Quadrathlon</b> This very demanding quadrathlon race, set amidst the scenic rolling hills of Aberfeldy, Scotland, features a 0.8 mile swim across Loch Tay, 60 miles of fell running over 7 munros (hills) above 3,000 feet, a 7 mile kayak and a 34 mile road bike. Simon and Turbo, as Team Canada, push and pull one another over some daunting moments through their combined sense of discipline, while the young and hungry Hunter and Rory, as Team America, push forward full force. It'll take more than just trash talking for either team to beat the mental stamina required to reach the finish line.