



Airs Week Of:
9/26/2022

CLOSED CAPTIONED
TV-G

103 - Putting the BOOM back into Boomers

	<u>SEGMENT</u>	<u>RUN</u>
OPENING / SEGMENT ONE	08:04	08:04
COMMERCIAL BREAK ONE	02:02	10:06
1:00 MJNY609764H JOE NAMATH / (800) 593-9764		
1:02 <i>Black For Local</i>		
SEGMENT TWO	08:31	18:37
COMMERCIAL BREAK TWO	02:02	20:39
1:00 NHCR602857H NANO HEARING AIDS / (800) 341-2857		
1:02 <i>Black For Local</i>		
SEGMENT THREE	04:19	24:58
COMMERCIAL BREAK THREE	03:02	28:00
1:00 MJNY609764H JOE NAMATH / (800) 593-9764		
:30 LPEB302412H LEGXERCISE / (800) 385-2412		
1:32 <i>Black For Local</i>		
SEGMENT FOUR (CLOSING CREDITS)	00:26	28:26
TOTAL RUNNING TIME:		28:30

Please contact B.C. (bcelello@pmi.tv) or AUTUMN (autumn@pmi.tv) at PMI #412.281.5900 with any questions regarding this program.

This info can also be downloaded by using this direct link:

<https://pmi.tv/show/fit-n-delicious/>